



GROUP MISTRAL 2022 ZOOM TRAINING SCHEDULE

ALL CLASSES RUN FOR UP TO 90 MINUTES

ORIENTATION CALL

Tues Jan 18 Mandatory Orientation Call: 8am Pacific / 11am Eastern OR 6pm Pacific / 9pm Eastern

COACHING SKILLS TRAINING

Tues Jan 26 Coaching Skills Call 1: 8am Pacific / 11am Eastern OR 6pm Pacific / 9pm Eastern

Tues Feb 1 Coaching Skills Call 2: 8am Pacific / 11am Eastern OR 6pm Pacific / 9pm Eastern

Tues Feb 8 Coaching Skills Call 3: 8am Pacific / 11am Eastern OR 6pm Pacific / 9pm Eastern

Tues Feb 15 Coaching Skills Call 4: 8am Pacific / 11am Eastern OR 6pm Pacific / 9pm Eastern

Tues Feb 22 Coaching Skills Call 5: 8am Pacific / 11am Eastern OR 6pm Pacific / 9pm Eastern

Tues Mar 1 Coaching Skills Call 6: 8am Pacific / 11am Eastern OR 6pm Pacific / 9pm Eastern

Tues Mar 8 Coaching Skills Call 7: 8am Pacific / 11am Eastern OR 6pm Pacific / 9pm Eastern

Tues Mar 15 Coaching Skills Call 8: 8am Pacific / 11am Eastern OR 6pm Pacific / 9pm Eastern

Tues Mar 22 Coaching Skills Call 9: 8am Pacific / 11am Eastern OR 6pm Pacific / 9pm Eastern

Tues Mar 29 Coaching Skills Call 10: 8am Pacific / 11am Eastern OR 6pm Pacific / 9pm Eastern

Tues Apr 5 Coaching Skills Call 11: 8am Pacific / 11am Eastern OR 6pm Pacific / 9pm Eastern

Tues Apr 12 Coaching Skills Call 12: 8am Pacific / 11am Eastern OR 6pm Pacific / 9pm Eastern

COACHING COMPETENCY & PRACTICE TRAINING

Tues Apr 19 Coaching Competencies & Practice 1: 8am Pacific / 11am Eastern OR 6pm Pacific / 9pm Eastern

Tues Apr 26 Coaching Competencies & Practice 2: 8am Pacific / 11am Eastern OR 6pm Pacific / 9pm Eastern

Tues May 3 Coaching Competencies & Practice 3: 8am Pacific / 11am Eastern OR 6pm Pacific / 9pm Eastern

Tues May 10 Coaching Competencies & Practice 4: 8am Pacific / 11am Eastern OR 6pm Pacific / 9pm Eastern

Tues May 17 Coaching Competencies & Practice 5: 8am Pacific / 11am Eastern OR 6pm Pacific / 9pm Eastern

Tues May 24 Coaching Competencies & Practice 6: 8am Pacific / 11am Eastern OR 6pm Pacific / 9pm Eastern

Tues Jun 7 Coaching Competencies & Practice 7: 8am Pacific / 11am Eastern OR 6pm Pacific / 9pm Eastern

Tues Jun 14 Coaching Competencies & Practice 8: 8am Pacific / 11am Eastern OR 6pm Pacific / 9pm Eastern

Tues Jun 21 Coaching Competencies & Practice 9: 8am Pacific / 11am Eastern OR 6pm Pacific / 9pm Eastern

Tues Jun 28 Coaching Competencies & Practice 10: 8am Pacific / 11am Eastern OR 6pm Pacific / 9pm Eastern

Tues Jul 5 Coaching Competencies & Practice 11: 8am Pacific / 11am Eastern OR 6pm Pacific / 9pm Eastern

Tues Jul 12 Coaching Competencies & Practice 12: 8am Pacific / 11am Eastern OR 6pm Pacific / 9pm Eastern

Tues Jul 19 Coaching Competencies & Practice 13: 8am Pacific / 11am Eastern OR 6pm Pacific / 9pm Eastern

Tues Jul 26 Coaching Competencies & Practice 14: 8am Pacific / 11am Eastern OR 6pm Pacific / 9pm Eastern

Tues Aug 2 Coaching Competencies & Practice 15: 8am Pacific / 11am Eastern OR 6pm Pacific / 9pm Eastern

Tues Aug 9 Coaching Competencies & Practice 16: 8am Pacific / 11am Eastern OR 6pm Pacific / 9pm Eastern

COURSE COMPLETION

Tues Aug 23 ICF Credentialing Pathway: 8am Pacific / 11am Eastern OR 6pm Pacific / 9pm Eastern (Mandatory)

Tues Sept 13 Course Completion Call: 8am Pacific / 11am Eastern OR 6pm Pacific / 9pm Eastern (non-Mandatory)

CERTIFICATION DEADLINE

Mon Oct 24

PLEASE NOTE: This schedule may be subject to alteration due to currently unforeseen conflicts. We will formally notify you of any changes as or when they occur.

All classes are mandatory for certification except for the course completion & mindfulness calls.

