

WHAT HUMAN POTENTIAL COACHES ARE SAYING...



HAILEY ROWE
CHICAGO, ILLINOIS

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Becoming a Certified Human Potential Coach was one of the best decisions I've ever made. I feel fully equipped and qualified with the skills and knowledge necessary to best serve my clients. I've helped clients overcome perfectionism, adrenal fatigue, hormonal imbalances, and addiction to sugar. I've also helped them build long-term feel good habits, like exercising regularly or high intensity interval training. I was surprised to learn so much about myself through the training - the 8 weeks of mindfulness training got me into a consistent meditation practice because I finally understood how it could benefit me. I've done other coach programs and trainings, none of them have the level of integrity that this course does.

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HONG PHUONG
MELBOURNE, AUSTRALIA

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When I started on this journey, I was completely self-centered. My only aim was to optimise my own health and well-being. I was blown away by the personal shift I experienced from the truly transformative workshop. I believe Dr. Mark Atkinson to be an extraordinary teacher and thought leader in the field of human potential development. Not only did I gain valuable insights from the program, which allowed me to support myself and others live a more conscious, healthier and high-performance life; but more than ever, I feel more connected to the notion of doing my part to help drive positive change in the world.

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LISA HONEYWELL
HOUSTON, TEXAS

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After taking the Human Potential Coaching Course, I have tremendous respect and admiration for the graduates that have come before me and those that will follow. The skill and ability to be present while coaching my clients is truly an inspiring and cherished gift. Peers experienced their own incredible and unexpected breakthroughs during our coaching sessions. My clients have attested to the powerful impact and effectiveness of genuine mindful coaching. Many thanks to Dave Asprey and the BTI team for the vision, love and for enhancing countless lives around the globe.

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JOEL AYLWORTH
SAN FRANCISCO, CALIFORNIA

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From the 2-day workshop alone, I learned so much about myself and my level of presence and how I show up in the world. The more I practiced the coaching skills and really actually listening to people instead of always preparing my response, I felt like I was almost living in another dimension of reality. Most people are stumbling along with busy lives and are missing the deeper levels of connection that are out there. Powerful stuff—and for this I will always be grateful.

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DAYNE BARKLEY
MELBOURNE, AUSTRALIA

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The skills and knowledge I've obtained from this coaching course are unlike any other. I was finally able to effectively implement a daily meditation practice into my life thanks to the 8-week mindfulness training, sharpen and improve my skills as a coach and person, all with an incredibly supportive team and network at my fingertips. I am truly grateful for my experience.

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BIANCA CAPO
CHARLOTTE, NORTH CAROLINA

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The Human Potential Coach Training is one of the most incredible programs to increase your skillset as a Coach and reach your potential as a human being. The teaching staff is incredible!! Thank you for shifting my consciousness and giving me the tools to help others do the same.

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MARIA A. PETIT
MIAMI, FLORIDA

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The Human Potential Coach Certification is an Inner Growth Journey to which I invite anyone who is up for the challenge. Irrespective of whether you are interested in working in the coaching field, you will gain valuable insight about yourself through the process. The course will stretch and move you in ways you didn't know were possible!

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EMILIO PALAFOX
AUSTIN, TEXAS

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Since graduating from Bulletproof Training Institute (BTI), I've become a better version of myself. I've evolved: I am a better son, brother, friend, boyfriend, and Coach. Likewise, my business, “Cross Phoenix Coaching,” has successfully launched and is currently thriving! BTI has given me the confidence, practice, support, and tool belt to succeed in the coaching market, along with providing numerous doors to a community of like-minded individuals, and companies with synergies that beautifully unravel when you are present, open and doing what truly matters.

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EMILY BAKER
LOS ANGELES, CALIFORNIA

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It's not an exaggeration to say that coach training transformed my life. I came into training while still in my career as a District Attorney for the County of Los Angeles. That career left me sick and burned out. I choose coach training because I was looking for something more, but I didn't have the energy to follow my dreams. The Human Potential Coach Training taught me how to heal from the inside out. After becoming a certified Coach I quit my job, started my own company and have the energy to live the life I was looking for. I have blended coaching with my legal background to help people through legal-ish transitions, everything from getting divorced to starting a company and learning to advocate for yourself in business. I created a life I love and my husband recently said that I finally seem like me again. It's truly incredible the difference coach training has made.

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ALEXIA BJARKAN
UNITED ARAB EMIRATES

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When the Human Potential Coach Training program launched, I jumped at the chance to participate. The Bulletproof Diet saved my life, and I see it as a great honour and mission as a Human Potential Coach to help others reach their potential too. I quit my corporate career in 2016 to pursue this passion. It is incredible to see the same transformation in my clients. I love watching them shed weight and start feeling great about themselves. And from there, create lives that they truly love!

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CARI ROSNO
DES MOINES, IOWA

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I am often asked my thoughts on the coaching program. My initial response is always “It was not at all what I expected, but so much more than I could have asked for.” Through the presence based orientation of the program and education around holistic living I not only regained my health, I am a better leader and owner of a marketing firm who has now started a second business.

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SASHA HANNA
SANTA MONICA, CALIFORNIA

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This training program was one of the most transformative experiences that I have done. This taught me how to live in such a way that is masterful with my true “self”. Operating from a state of presence is the truly sane way to live and the way to bring about a new earth, and upgrade humanity. The time is now—Live totally, live intensely, and live dangerously!

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